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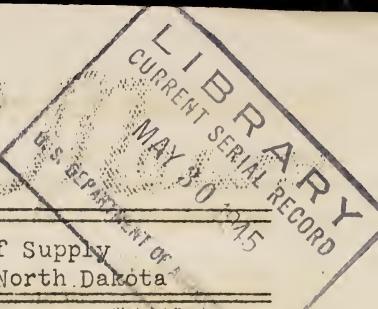
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# School Lunches

No. 8 ne 5

War Food Administration, CCC, Office of Supply  
March 1, 1945 Fargo, North Dakota



## WFA FIELD MEN

VISITING SCHOOLS Administrative reviews now being conducted by WFA representatives at schools in scattered parts of North Dakota provide evidence of the good work being done by many sponsoring agencies in meeting the objectives of the WFA's Community School Lunch Program: to assist in providing nutritionally adequate lunches for school children, and to encourage increased consumption of foods in comparative abundance.

As might be expected, there were some instances of schools falling short of certain requirements of the program but when these points were called to the attention of those in charge, corrective steps were planned immediately. Without exception the field men report, they are finding a cooperative spirit and sincere interest in program improvement among school people. This speaks well for the future of school lunches in this state.

## SOME PROGRAMS ARE

CALLED OUTSTANDING Some of the schools visited have outstanding programs, in the opinion of the field men. Among those so reported thus far are the Public School at Dore in McKenzie County on the Montana state line, and the Public School at Forbes in Dickey County near the South Dakota line. Both are sponsored by live-wire Parent Teacher Associations.

Seventy-two children participate at Dore and about forty-five at Forbes. Julia Thompson, Dore principal, says that since the lunch program was started she has noted fewer absences, and parents report their children are eating better at home. Bernita Strouse, Forbes principal, reports she has noted improvement in physical appearance, class work and conduct of her children. Emma Meyers, program supervisor at Forbes, expressed appreciation for the Menu Service which is prepared each month by members of the State Nutrition Committee and included with the Abundant Food Bulletin. Elizabeth Sullivan, Dore program supervisor, has her hands full serving 72 children daily, but she is helped by a group of four older children each day. Merrion Simonsen at Dore, and Mrs. Isabelle Vick at Forbes, are the PTA presidents.

## NON-CASH INCOME

ITEM IS EXPLAINED Some schools are still having difficulty with Item 4 on Form FDA-536, Monthly Report and Claim for Reimbursement. This explanation should help:

For "Non-cash income" show the estimated cash value of all non-cash income, including donated labor, free rent, donated foods, the value of food children bring from home, value of time or work of supervising teacher or children who help without pay. These values represent additional contributions by the sponsor toward the support of the program and should be entered on the report under Item 4.

## MENU SERVICE IS

REPORTED HELPFUL Menu service included in the monthly Abundant Food Bulletin issued by this office is being reported by many schools to be helpful in their meal planning. We are glad to learn this because members of the State Nutrition Service spend considerable time on the menus and recipes each month. The Menu

Service for the March bulletin included in this mailing was prepared by Miss Ruth Dawson, Extension Nutritionist, and Mrs. Nettie Severson, Extension Service war food assistant.

PETE AND REPETE  
TEACH NUTRITION

This is a story of two little white rats who came to a Chicago high school under the sponsorship of the science and foods classes to demonstrate a valuable lesson in nutrition.

The rats were litter brothers, just weaned, and looked exactly alike, except that one was a little larger. The students named them Pete and Repete. Pete was the largest. The next problem was what to feed them. One girl suggested that it would be interesting to feed one the "Type A" lunch which consisted of meat, potato, a vegetable, bread, butter and milk. This was agreeable to all. The boys thought the other one should be fed "what the kids like best". This was agreed to be hamburgers, "cokes" and candy. The foods classes were to prepare the food by drying and grinding it and the science classes were to care for the rats otherwise, weigh them, etc. Repete, being the smaller of the two was given the "Type A" lunch.

The reactions of the rats to their new diets were most interesting. Pete loved the hamburger, "coke" and candy. After one taste of the "coke" he couldn't leave it alone. He drank so much of it the first day that his sponsors really became worried.

The first week both rats gained in weight but Pete appeared nervous and restless. Repete continued to gain rapidly, his hair became long and silky, he slept well and had a good disposition. This, however, was not true of Pete. He still loved his food but he lost weight, his hair became dull and rough, and he was restless and irritable. It became difficult to clean his cage because of his tendency to try to bite. At the end of four weeks Pete was really ill and his sponsors were worried. They decided that a change in diet was imperative and began to feed him the "Type A" lunch. In a couple of weeks he was greatly improved in health, in looks, and disposition, although he was never as nice looking as his brother.

The entire school was much interested in this experiment and it really sold the Type A lunch to many girls and boys. (Submitted by Mrs. Cecil Westfield in the "Dinner Bell", Illinois School Lunch News.)

INSERT NAME OF

PERSON TO GET CHECK Failure to receive their reimbursement checks within a reasonable time has been reported by some school lunch sponsors in North Dakota. Investigation sometimes reveals that the check was received by the clerk of the school board or some other officer who has no direct connection with the lunch program and it is deposited with regular school funds without the knowledge of the person who should get the check. Most of this difficulty with lost checks will be eliminated if the name of the person to whom the check should be mailed is inserted immediately beneath the name of the sponsor on the Voucher, Form FDA-564.

COCOA DOESN'T MEET  
MILK REQUIREMENT

Reimbursement allowances of 9 cents for the full Type A and 6 cents for the full Type B lunches under the WFA Community School Lunch Program are reduced to 7 and 4 cents respectively if whole milk is not served as a beverage with the lunches. If cocoa is served in lieu of whole milk the full reimbursement cannot be claimed. Milk served in cocoa or creamed soups is not reimbursable except as a part of the purchase cost of the agricultural commodities used.